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The Forest Feast: Simple Vegetarian Recipes From My Cabin In The Woods



Synopsis

Erin Gleeson made her dream a reality when she left New York City and moved into a tiny cabin in a California forest in order to be closer to nature. The natural beauty of her surroundings and the abundance of local produce serve as the inspiration for *The Forest Feast*, based on her popular blog. Most of the book's 100 wholly vegetarian recipes call for only three or four ingredients and require very few steps, resulting in dishes that are fresh, wholesome, delicious, and stunning. Among the delightful recipes are eggplant tacos with brie and cilantro, rosemary shortbread, and blackberry negroni. Vibrant photographs, complemented by Erin's own fanciful watercolor illustrations and hand lettering, showcase the rustic simplicity of the dishes. Part cookbook, part art book, *The Forest Feast* will be as comfortable in the kitchen as on the coffee table. Also available from Erin Gleeson: *The Forest Feast Gatherings* and *The Forest Feast for Kids*.

Book Information

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Customer Reviews

What a great new cookbook! I've been following the "Forest Feast" blog since it began and am still charmed after all these months—that's saying a lot. I just received my copy of the book two days ago and am impressed with the results. Erin's one-page recipes (with a facing full-page photo of each) are so visually stunning that I want to give each one a try. The idea of presenting a round, plate-sized slab of watermelon as a base for a salad topping is worth the price of the book all by itself. Yum. I've made butternut apple soup before, but Butternut Pear Soup—garished with popcorn? Wow. And why have I never thought of making a Zucchini Accordion? It's a bonus that

every recipe is vegetarian, healthy and quick, just my kind of cooking. The true sign of a cookbook worth buying? My twenty-something daughter saw mine today and immediately said, "I want one!" So of course, I just ordered one for her and her sister . . .

The Forest Feast captivated my 14 year old! The recipes are simple (few ingredients) and the artwork is appealing. While beginners in the kitchen can be overwhelmed by more traditional cookbooks, this one doesn't intimidate. (Some reviewers found the layout difficult, it was straightforward enough for me.) I don't think an experienced cook will find these vegetarian recipes too exciting. They rely very heavily on cheese and garlic and more garlic! But for a new cook, this could be a good introduction.

The Forest Feast reminds me that great, beautifully presented food does not have to take all day to prepare. The recipes that I have tried so far are delicious, they call for easily accessible ingredients, and are not at all intimidating. As if that weren't enough, the book is absolutely gorgeous to look at. Rather than storing it in my cookbook library, The Forest Feast has become my newest coffee table book!

Just loved this new cookbook!!! Very innovative recipes that are easy to make and look and taste fabulous. Tried a bunch and can't wait to try more! Favorites so far are the butternut pear soup, apricot bites, curried crispy carrots, avocado egg-in-a-hole and honey-pepper fresh figs! This cookbook is a "keeper".

This is a beautiful book with gorgeous photos and the recipes look delicious. This is the kind of book you could definitely give as a gift or display on a coffee table. I took off a star, though, because actually using the recipes was a little difficult for me...not that they are complicated, just that the way they are printed is very non-linear. For example, the steps for the recipes are not numbered "1...2...3..." and to find the ingredients, you have to read the whole recipe...there is no separate ingredients list at the top of the recipe. There are also a lot of different fonts going on in each recipe (sometimes cursive, sometimes not, sometimes bold, sometimes black, sometimes white, sometimes typed, sometimes "handwritten"), and the steps are sometimes in the middle of the page, and then the final step will be off to the side or at the very very bottom and easy to miss. I find myself often accidentally skipping steps or forgetting to get ingredients because I didn't see it in the recipe. The book is also a hardcover and does not stay open at all, even with a recipe book

stand...will definitely need something to weigh the pages down or will have to break the binding. One more thing, one of the recipes seemed wrong to me...for the parmesan poppers, the only ingredients listed for the dough were egg whites and parmesan. The recipe said to beat the egg whites 'til they were stiff, and then add the parmesan...wouldn't that just make, like, meringue with parmesan shreds mixed in? How is that a dough? And based on that, the rest of the steps in the recipe wouldn't work...it said to roll the dough into balls...not sure how I would do that with a gloppy meringue. All that being said, it really is a beautiful book, but I can see myself re-typing the recipes I'm planning on making so that I have an easier time actually using them.

This book is beautifully illustrated and the recipes require just a few and normally basic ingredients which is a huge + in my book! I've already tried making a few of the recipes and they have been delicious so far. I love the creative cold salad options. Definitely perfect to make and bring to a summer picnic!

Some of the previous reviews are a little silly. Who cares whether or not the author's home is a real cabin and that she has a grocery store nearby?! It's not a How to survive on twigs and berries in the wilderness book! This book is a whimsical mix of quality ingredients and their natural loveliness and great taste! It's the simplistic art of eating good food that's grown in nature. I love it. This is a great coffee table book! It's appealing to the eye and full of great simple recipes. A few of the ingredients she used are hard to come by in the Midwest at certain times of the year, but I'm sure I can find substitutions. It definitely has some great entertaining recipes that would take no time at all. I love the lemon basil mojitos! Flavored ice cubes are a brilliant touch!

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